

VOICE OF THE RESIDENTS

VOL. XX, No. 6

BROADMEAD, COCKEYSVILLE, MD

FEBRUARY, 1999

ONCE MORE, DEAR FRIENDS *

By Sarah Cooper & Eva Leah Milbouer

The bells will ring, the music hum
The end of 19 hundreds come.
It's New Year's Eve and getting late
To say good-bye to '98,
But as before, we'll try to credit
Those to whom we owe some debit:
So thanks to Prexy Marjorie Scott
Whose duties phase her not a jot.
In addition, along with Litz,
She runs the annual Barn Sale blitz.
And thanks to Harry, Earhart, Sanborn, Doss,
Minus their efforts would be our loss.
On Sundays often we're revering
Music programs planned by Schnering.
We keep in trim with exercise class
Rose Hijikata brings to pass,
And hail as always Cord and Grant
Whose tours are figured to enchant.
With palms for Vosburgh, Spragins we're turning,
They think adventure lies in learning.
Awards of shiny thingamabobs
To Cluster Reps who do their jobs.
To Marcia Evert give our praise,
Her plans for bridge take up her days.
Buying, selling, always wisely,
At Country Store we cheer for Heisey.
For off-beat programs Saturday night
Thank Hobelmann when they turn out right,
Like magic tricks that Walt displayed,
He fooled us with his stock in trade.
Mel and Ed are each a wiz
In working with the audio biz.
High marks for Anderson, Shapiro too,
Ceramics, art is what they do.
Line dance idea - Emily's, Thelma's
Taking part won't overwhelm us.
Look in Nancy's corner gaily,
We'll find her nature notes up daily.

Those who sing join group with Jones
To re-enjoy remembered tones.
Let's dance, as older people oughter
Following lead of Eddie Slaughter
And troll a cheerful, happy threnody
For Novel Theology's Lundgren & Kennedy.
Awards to Ellicott's good stop
Creating, mending in the woodshop.
Thanks to Hudson, Becherer for groovies
That keep us watching Tuesday movies.
We can't omit our monthly choice
For news and dates - thank Scott for Voice,
Nor fail to note our pleased sensation
Using Eckels' transportation.
Not just in June, but through the year
McCartney's rose garden gets our cheer.
Let's give a star, a leader's staff
For Open Forum's Julia Metcalf.
A laurel on Saturday would be right
For Frank Hijikata's P.G. cinema night.
We've mentioned many a busy friend,
Yet are nowhere near the end.
There's still the library's Agnes Visy,
Hudson's Bulletin Board - not easy -
Volunteers in Hallowell to laud,
Who happily spread cheer abroad.
Punch and cookies, greetings - lots -
We get all from hospitable Motz.
For fixing hems or lining rent
We give thanks for Sew and So's Bent.
On health concerns that may be tough
We're kept informed by John DeHoff.
For Bingo, B-I-N-G-O
And Ackerman, bravissimo!
No matter that we've missed some here
More have graced our passing year.
Indeed our effort to include
Suits our celebratory mood.
So let's say hail, you've *all* done fine,
And set our sights on 99!

**Fourth annual Sister Act titillated
New Year's Eve partygoers . . .*

In Memoriam

MARY BETH MINDEN

February 8, 1919 – January 4, 1999

ERNA IRENE GORDIEYEFF

April 5, 1907 -- January 11, 1999

GEORGE MILTON WARD

January 21, 1915 -- January 15, 1999

MARGARET WILKINSON

January 12, 1914 -- January 16, 1999

ELIZABETH ALICE WOLF

July 14, 1904 -- January 19, 1999

ELIZABETH (Beth) THOMPSON

October 29, 1905 -- January 22, 1999

* * *

NOVEL THEOLOGY

by Elsa Lundgren

Monday, February 1, 1999

11:00 a.m. in the Auditorium

American Pastoral

By Philip Roth

Review by Dr. Carl Edwards

All Welcome

* * *

VESPERS

by Elsa Lundgren

Sunday, February 17th – 4:30 p.m.

In the Lounge

THE REV. DR. ERROL G. SMITH

Pastor, Lovely Lane United Methodist Church

* * *

Moving about in the community

by Patricia A. I. R. Rodak

David and Helen Matthews from M-1 to R-8

* * *

SUNDAY CONCERT SERIES

by Phil Schnering

Sunday, February 28, 1999 - 2:00 p.m.

"TIME AFTER TIME"

Jazz Quintet

Open Forum . . .

by Nydia Finch

Thursday, February 4th – 10:30 a.m.

Speaker: Dr. Ahmad Azimi
Iranian academic and
businessman

Topic: What is Happening
in Iran Today?

Thursday, February 18th – 10:30 a.m.

Speaker: Dr. James Goldgeier
Associate Professor
George Washington University

Topic: Contemporary Russia

* * *

Whodunit?

John B. De Hoff, fearless leader of the Men's Saturday Social Hour, a program unique among retirement centers in the Baltimore area, has begged leave to step down from this important post after a successful three-year term.

Returning to the podium after a period of R&R is veteran **Chris Slaughter** and "a team of able contributors who are assuming responsibility for the bi-weekly event which livens up Winter's weekends at Broadmead and helps get many of us out of the Doldrums."

Our thanks to the good Doctor for his years of faithful service. Welcome back to Chris and Co.!

* * *

True Customer Satisfaction:

"The product carried here in the Country Store which removes wrinkles is really great. I've used it many times," said a customer to me as she purchased other articles. "Oh," said I, "I didn't know we had it. Is it an Avon product?" The customer looked puzzled. "Avon? That's a cosmetic. No, my dear, I mean the spray used to remove wrinkles from clothing. But wouldn't it be grand for Broadmead ladies if it were for faces?"

--Jane Earhart

You are invited . . .

The Douglas Memorial Community Church
Madison Avenue at Lafayette Avenue
invites Broadmead Residents and friends to join
them on

Sunday, February 28, 1999 at 5:00 p.m.

for a concert of traditional and modern African
music performed by their Chancel Choir and
company. Everyone welcome.

--Bernard Queen

Let's Dance!
Big Bands of
Yesteryear
Eddie Slaughter, Chair

Dance throughout the last year of this century on
second Mondays of each month
at 7:00 p.m. in the Lounge

Monday, February 8, 1999
Everyone Welcome!

SATURDAY NIGHT AT THE MOVIES
by Frank Hijikata

February 13 – SOUL FOOD

1997 114 min. Rated R 3 stars

When the African-American grandmother, who
holds a family together, becomes ill, her grand-
son tries to carry on when serious bickering
starts. A rare '90s movie about family values.
Excellent cast; honest and heartwarming story.

February 27 – DEATH AND THE MAIDEN

1994 103 min. Rated R 3 stars

Sigourney Weaver plays the wife of a lawyer in
a South American country, just liberated from
dictatorship, who accuses a seemingly kind
doctor (Ben Kingsley) who had come to her
husband's aid, of having previously tortured and
abused her while she was a political prisoner.

The Health Care Committee
presents the Third
HEALTH CARE EDUCATION LECTURE
Tuesday, February 9, 1999 at 10 a.m.

"What is in Your Cabinets?"
Alisa Billington, P.D.

*Ms. Billington is the Long-term Care
Pharmacist at Woodhaven Pharmacy. Her
lecture will address drug-drug reactions, drug-
food reactions, drug-alcohol reactions, over-
the-counter drugs, and expired prescriptions.*

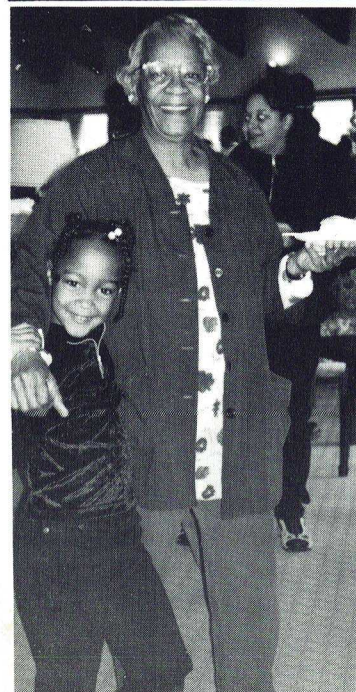
* * *

WRITER TO SPEAK
by Lynn Buck

Laura Lippman, award-winning author of three
Baltimore-based mysteries and a feature writer
for the Baltimore *Sun*, will speak at Broadmead
on Friday, February 12, at 7:15 p.m. in the
Auditorium.

Her topic is "A Life of Daring: The Joys
that Writing Holds for All of Us." She writes for
the *Today* section of *The Sun* and was named
the newspaper's best writer by *Baltimore
Magazine* in 1996.

Ms. Lippman's talk is sponsored by the
Writers Group, and a question period will follow.



***Gone but
Not Forgotten . . .***

*Madelon Johnson, veteran
of the Broadmead House-
keeping Department since
1993, had chosen to retire.
Friends, family, and Resi-
dents gathered for a party
in the Lounge to
wish her Godspeed.*

Marsh photo

CONSERVATION

O

R Americans waste more than two
N billion dollars a year to light
E up the underbellies of birds and
R airplanes, according to David
Crawford of the International
Dark-sky Assoc. This organization
designates such lighting as pollu-
tion. It prevents city dwellers from
enjoying the beauty of the night sky
and its continuous change.

Such pollution originates in the
uncontrolled lighting of outdoor
areas; e.g., from Broadmead look at
the glow in the sky to the south.
Broadmead is not guilty. All of our
general outside lighting (primarily
parking areas) is directed downward;
those responsible for selecting the
proper fixtures should be congratu-
lated.

Conservation Committee
Ed Metcalf

Ground Hog Day

What doth the future hold
of marvel or surprise . . . ?



TODAY'S STOCK MARKET

Helium was up; Feathers were down; Paper was stationary. Fluorescent tubing was dim in light trading; Knives were up sharply. Pencils lost a few points and Hiking was trailing. Elevators rose while Escalators continued a slow decline. Balloon prices were inflated, and Sun peaked at midday. Weights were up in heavy trading; Light Switches were off. Mining equipment hit rock bottom; Diapers remain unchanged. The market for raisins dried up while Coca Cola fizzled.

--Suggested by Foulkeways President Regina Peasley

M*S*S*H

Saturday, February 13 at 9:30 a.m.

Lower Lounge

Introduced by Harry Scott

John M. Sexton

A Perspective on High School Teaching

Saturday, February 27 at 9:30 a.m.

Lower Lounge

Introduced by Richard Hutzler

Don Frank

Avoiding the Hold aboard KOTA AGOING

Wear Name Tag

Bring 85c

SATURDAY PROGRAM OFFERINGS

by Charles Hobelmann

Saturday, February 6 at 7:15 p.m.

HANK KAESTNER

Namibia

Saturday, February 20 at 7:15 p.m.

WAYNE SCHAUMBURG

Baltimore History—

A Trip Down Memory Lane

* * *

"THE GARDEN WORKSHOP"

at Broadmead

Broadmead Residents are invited to join The Garden Workshop in the auditorium at 2:00 p.m. on Thursday, February 11, 1999, for a colorful slide presentation of "TulipTime in The Netherlands"

The program will be presented by one of our newest Residents, Bob Davies. He and his wife Valerie, member of The Garden Workshop, visited The Netherlands in April of 1998 with a group from the Roland Park Country School. They want to share the beauty of Holland in springtime as they saw it from bus and barge, road and canal, and with fields and fields of tulips in full bloom.

MOVIES ON TUESDAYS AT SEVEN

by Thelma Becherer and Barbara Hudson

2 Lifeboat 1944

After their ocean liner has been sunk by a German submarine in WW2, nine passengers (one a Nazi) are left afloat in a lifeboat during the entire film. Hitchcock's experiment in limited locale builds suspense admirably. Bankhead's remarkable witty performance as a spoiled rich girl tops excellent cast. [Steinbeck story.]

2/9 Life and Death of Colonel Blimp 1943

Character study of British career officer (Roger Livesey) from the turn-of-the-century to WW2. Bittersweet look at aging and obsolescence. Deborah Kerr impressive as three different key figures in our hero's life.

2/16 Life less Ordinary 1997

Fired from his pool-cleaning job and replaced by a robot, Ewan McGregor snatches the boss's daughter in revenge. Two angels intervene.

Another unpredictable film from Danny Boyle and John Hodge, the team who made *Shallow Graves* and *Trainspotting*.

2/23 The Life of Emile Zola 1937

An imposing biography of 19th Century French author [Paul Muni] who challenged the government during the infamous Dreyfus Affair. Well acted by stars; comes to vivid life in courtroom scenes. Won three Oscars.

* * *

The Camera Club

by Jane Earhart

Friday, February 19, 1999

10:30 a.m.

Lower Level Meeting Room

ALL WELCOME

Have you seen our exhibit on the Lower Level wall?

And a Retrospective show of George Webb's work is on the wall opposite the Coffee Shop.

DOC IN A BOX

—John B. De Hoff, M.D.

Health Care Education Subcommittee

ADAPTIVE DRIVING

Older drivers usually are more cautious on the road and have fewer accidents in general than younger drivers, notes a current USAA insurance brochure. Such defensive driving results in older drivers having fewer accidents but more accidents for each mile driven than do younger drivers.

Simple mistakes like running stop signs, making improper turns and failing to yield right of way can result in severe injury to the older, more vulnerable driver.

In general, keep alert while driving and minimize any distractions. Exercise regularly to maintain flexible muscles and joints, improve concentration. Always practice better driving skills.

Normal aging diminishes visual acuity, slows recovery of vision after glare, limits peripheral vision, and reduces apparent light intensity.

Remedies: Clean your eyeglasses and the glasses of mirrors, windshield, and headlights. Look to the right side of the road when oncoming traffic is glaring at night. Turn your head briefly to check the sideview mirrors frequently.

Normal aging drops perception of high frequency sounds.

Remedies: Keep alert for sirens and horns. Turn off the car radio. Avoid wind noises from open windows that impair hearing aid efficiency.

Normal aging slows reflexes.

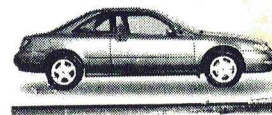
Remedies: Avoid "rubber necking". Watch the road ahead but check road traffic behind and to the sides. Increase following distance. Drive a little slower. Use roads with less traffic.

Normal aging stiffens actions of joints and may add joint pains. Muscle strength fatigues easily.

Remedies: Exercise fully and regularly. Use larger mirrors to improve peripheral vision. Tailor seat cushions for greater support to back and buttocks. Select a vehicle with power steering, power brakes and automatic transmission.

Normal aging is accompanied by more prescription drug usage that may cause drowsiness, poor concentration, blurred vision, impaired coordination or disorientation.

Remedies: Always ask your physician about possible drug side effects. Avoid driving while taking certain medications. And do not drink alcoholic beverages within one hour of driving. Ask to be driven home if you think it necessary.



VICTOR McKUSICK AND THE HUMAN GENOME PROJECT

On January 21, Victor A. McKusick, M.D., addressed the Open Forum on the subject, "The Human Genome Project." He is University Professor of Medical Genetics at Johns Hopkins, being a world-renowned authority on the subject. His related textbook has seen 12 editions. His competence in clinical medicine established him as Chairman of the Department of Medicine at the Medical School, 1973-1985.

McKusick recounted to a full auditorium his development, 40 years ago, of an existing chronic disease clinic at Johns Hopkins Hospital into one specializing in teaching and research on hereditary disease. He remarked that there are 46 human chromosomes arranged in 23 pairs. Located on the chromosomes of each cell are the genes, constituted of various combinations of four simple compounds (nucleotides) in large number, arranged spirally. It was established in 1911 that the gene for colorblindness was located on the X chromosome, and soon other disorders were assigned the same location. But it was not until 1968 in Dr. McKusick's clinic that any abnormality was assigned a specific gene location on one of the other 45 chromosomes. Since then, the genes related to

hundreds of abnormalities have been assigned chromosomal locations, for instance the gene for cystic fibrosis is on chromosome 7, that for insulin on number 11. The speaker outlined a laboratory technique employing radioactive labels involved in making these assignments.

Genes direct the body's manufacture of proteins, notably the important enzymes, and also hormones. An abnormality in the chemical structure of a gene can translate itself into a specific disease in the bearer. Genes directing some cellular functions have varied very little in the course of evolution; information on their function in simple organisms such as yeast and bacteria can be transferred to their function in man.

The new genetic information is of clinical use in diagnosing the presence of defective chromosomes in fetuses and adults before the resulting disease is manifest. In addition, this information can lead to the administration of therapeutic substitutes for, say, the operation of a malformed enzyme resulting from a defective gene.

Dr. McKusick currently devotes himself to the distribution, in book and internet forms, of the enormous amount of information accumulating at an international level from research conducted by the Human Genome Organization, of which he is Founder President.



The Land Hereabouts

LIMESTONE VALLEY was the name given the 27-square-mile area in Baltimore County originally embracing Lutherville, Timonium, Cockeysville, Texas, Warren, Ashland, and Oregon. This area is bounded by Shawan Road, the Loch Raven watershed, Dulaney Valley Road, the Beltway, and Falls Road. Today's Hunt Valley Mall on Shawan Road is part of this fascinating developed Limestone Valley that was once the land of Indian hunting parties and early settlers.

Baltimore County is mentioned in records at Annapolis as early as 1600. At that time, there were only Indian hunting parties, a few trappers and rangers from nearby Garrison Fort, passing through what are now Lutherville, Timonium, and Cockeysville.

Indian civilization existed here long before the colonists arrived. Such a tribe was the Piscataways, who ranged from the present site of Washington, D.C., to the upper reaches of the Chesapeake Bay. These Indians lived in relative peace with the settlers and looked to them for protection from the more warlike Susquehannocks whose large hunting grounds extended from their permanent villages in southern Pennsylvania to the Patuxent River.

By the mid-eighteenth century, disease and intertribal warfare had all but obliterated the Indian population in this area. However, our northern boundary is a constant reminder of yet another tribe, the Shawnees, who camped nearby and left for us a trail which now bears their name, Shawan Road, and an early land grant, Shawan Hunting Ground, which lies to the northwest of us.

—Selected



**Spellbound Spectators See
Midnight Magic**



**as Walt Hudson attempts to sever
Branch Warfield's hand**

Earhart photos

OPEN FORUM

Reviewed by Whitty Cuninggim

The open Forum was privileged to hear Mary Matheny, Director of the new regional initiative for the Citizens Planning and Housing Association in Baltimore, on January 7, 1999. Having grown up in Annapolis, Mary moved back to this area after 29 years in Louisville, Kentucky, where she was an administrator in the Louisville Development Authority in planning, development, and urban design. She spoke on "The Regional Imperative for Baltimore County."

Our audience was sympathetic to the thesis that many of our problems, air and water quality, land use, transportation planning, and economic development are regional in nature and require regional approaches. However, we were surprised, if not shocked, to learn that Cockeysville is listed as a place of high social need, comparatively low median household income, and lower than Harford, Carroll, Anne Arundel, and Howard Counties in tax base per household. We were also forced to admit we did not know that Maryland's Department of Transportation, in conjunction with the Baltimore Metropolitan Council and the U. S. Department of Transportation, allocate our tax money to

highway construction, usually without substantive citizen input—and often to already affluent areas, which may erode farm land.

In 1996, with help from local foundations and other organizations, C.P.H.A. hired a Minnesota State Representative, Myron Orfield, Director of the American Land Institute's Area Program, to prepare a report and maps to document existing conditions and trends in the Baltimore region. It is difficult to argue with the statistics which those maps reveal, or to feel sanguine about our particular location.

Orfield favors tax-base sharing in the region, fair housing, land planning (such as Governor Parris Glendening's "Smart Growth"), welfare reform, and transportation/transit reform. Other states, such as Minnesota, Florida, Ohio, Colorado, and Pennsylvania, have variations on pooling and redistributing regional resources. Montgomery County in Maryland shines as an example of distributing moderate and low-income housing units across the County.

Ms. Matheny will send us a copy of legislation to be introduced during this session of the General Assembly, and she hopes for our support there and with our County Supervisor. She believes he and other elected officials will be influenced by their constituents. If we are enlightened, they will be.

A Prayer for This House

+

May nothing evil cross this door
And my ill-fortune never pry
About these windows; may the roar
And rains go by.

Strengthened by faith, the rafters will
Withstand the battering of the storm.
This hearth, though all the world go chill,
Will keep you warm.

Peace shall walk softly through these rooms
Touching your lips with holy wine
Till every casual corner blooms
Into a shrine.

Laughter shall drown the raucous shout
And, though the sheltering walls are thin,
May they be strong to keep hate out
And hold love in.

--Louis Untermeyer

All I Ever Needed To Know I Learned From My Cat:

Be curious
Enjoy your own company
Eat when you're hungry
If you don't see it, ask for it
Claim your own chair
It's all right to change your mind
Make your own hours
Depend on others without losing
your own independence
Be tolerant but not overly accommodating
Get mad when you're stepped on
Forget you were stepped on
Be able to make someone feel better
by just being there
Don't always come when you're called
Make the world your playground
There is always time for a nap
And remember: share your victories

VOICE of the RESIDENTS

Volume XX, No. 6

February, 1999

* * *

Published September through June,
Broadmead Residents Association,
Marjorie Forbush Scott, President

Harry S. Scott, Jr., *Editor*
Nydia Finch, *Editorial Assistant*

Contributors to this issue:

Thelma Becherer, Lynn Buck,
Sarah Cooper, Whitty Cuninggim,
Valerie Davies, John De Hoff,
Jane Earhart, Nydia Finch,
Palmer Fitcher, Frank Hijikata,
Chas. Hobelmann, Barbara Hudson,
Elsa Lundgren, Edward Metcalf,
Eva Milbouer, Regina Peasley,
Bernard Queen, Patricia Rodak,
Philip Schnering, Chris Slaughter,
Eddie Slaughter

Photos by:
Jane Earhart
Jean Marsh



13801 York Road
Cockeysville, MD 21030



Non-profit Org.
U. S. Postage
PAID
Cockeysville, MD
Permit No. 5

Address Correction Requested